



special drinks

MATCHA LATTE; GRADE 7 MATCHA, WHOLE MILK, HONEY

This bright green powder is the ultimate green tea. Not only is it super high in antioxidants, it also increases energy levels and endurance while burning calories. Its super rich in fibre, chlorophyll and vitamins as well as lowers cholesterol and blood sugar

GOLDEN MILK LATTE; TUMERIC, WHOLE MILK, HONEY

This bright orange spice boasts several health-boosting properties. It has powerful anti-inflammatory effects and is a very strong antioxidant. It's great for weight loss as it helps accelerate the metabolism rate too.

HOME BREWED KOMBUCHA

Known as the "Immortal Health Elixir" by the Chinese, kombucha is a beverage with tremendous health benefits extending to your heart, your brain and (especially) your gut.